NEW BIRTH COMMUNITY EVENT
NOVEMBER 13, 2026

BRIDGING TECHNOLOGIES ATL | GURU OF ABS PRESCRIPTION FIT®

YOUR PHONE CAN HELP IN A MEDICAL EMERGENCY

Keep key health information and emergency contacts on your phone when you cannot speak for yourself.



WHY SET IT UP? Your phone's Medical ID may help responders see important health details (allergies, conditions, medications) and who to contact in an emergency.

FIRST: PROTECT YOUR PHONE

Turn on a PIN, passcode, or Face ID/Touch ID to keep your information secure.

iPHONE (HEALTH APP)

Add your Medical ID (no download needed)

1. Open **Health.**
2. Tap your profile picture.
3. Tap **Medical ID.**
4. Tap **Get Started** or **Edit.**
5. Add medical conditions, allergies, medications and emergency contacts.
6. Enable **Show When Locked.**
7. Tap **Done.**

ANDROID (SAMSUNG GALAXY / GOOGLE PIXEL)

Add your emergency information

SAMSUNG GALAXY

1. **Settings.**
2. **Safety and emergency.**
3. **Medical info.**
4. Enter your health details (e.g., conditions, allergies, medications) and tap **Save.**
5. Turn on **Show on Lock screen.**
6. Add emergency contacts: Safety and **emergency → Emergency contacts.**

GOOGLE PIXEL

1. Open the **Personal Safety (Safety)** app.
2. Tap **Your info.**
3. Tap **Medical information** (add health details) and **Emergency contacts** (add contacts).
4. Tap **Emergency info access.**
5. Turn on **Show when locked.**

HOW IT HELPS IN AN EMERGENCY

- Shows key health information from your lock screen.
- Lists your emergency contacts.
- Gives first responders helpful details quickly.

IMPORTANT TO KNOW

- Lock-screen emergency details are visible only when enabled and supported by your device.
- Medical ID does not automatically call 911.

GET THE FREE VIDEO LESSON

Watch a **FREE** Talk Tech With Chet lesson showing you how to set up Medical I.D. & Emergency Info on your phone.

chet-beasley.mykajabi.com/offers/UYUSSArn

TALK TECH WITH CHET

PROTECTING HEALTH. PROTECTING WEALTH. PROTECTING DIGITAL LIVES.

TOGETHER, WE PROTECT YOUR INDEPENDENCE.